





# Paradise Honors Elementary School LUNCH MENU K-5 August 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
<b>Meat &amp; Grain</b> Cheeseburger  Whole Grain Chicken Nuggets  Yogurt, String Cheese, Crackers	<b>Meat &amp; Grain</b> Pasta with Meat Sauce  Chicken Patty Sandwich  Crispy Chicken Wrap	<b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza  Whole Grain Corn Dog  Chef Salad w/Roll <b>LUCKY TRAY DAY!</b>	<b>Meat &amp; Grain</b> Nachos  Rib-B-Q Sandwich  Ham & Cheese Sandwich	<b>Meat &amp; Grain</b> Bean & Cheese Burrito  Grilled Cheese & Tomato Soup  Sun Butter & Jelly Sandwich
<u>Vegetable / Fruit / Milk</u> Potato wedges Pears 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Peaches 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Black Beans Mixed Fruit 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrots Applesauce 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Oranges 1% or Fat Free Milk
14	15	16	17	18
<b>Meat &amp; Grain</b> Chili Frito Pie & Roll  Whole Grain Chicken Nuggets w/ Dinner Roll  Italian Sub	<b>Meat &amp; Grain</b> Cheese or Sausage Pizza  Chicken Patty Sandwich  Crispy Chicken Salad	<b>Meat &amp; Grain</b> Breakfast for Lunch  Cheeseburger  Buffalo Chicken Salad	<b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza  BBQ pulled Turkey Sandwich  Turkey & Cheese Wrap <b>LUCKY TRAY DAY!</b>	<b>Meat &amp; Grain</b> Orange Chicken w/Rice  Hot Diggity Dog!  Yogurt, string cheese, crackers
<u>Vegetable / Fruit / Milk</u> Green Beans Peaches 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Glazed Carrots Apple 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Ranchero Beans Banana 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Orange 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Corn Mixed Fruit 1% or Fat Free Milk
21	22	23	24	25
<b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza  Grilled Cheese & Tomato Soup  Sun Butter & Jelly Sandwich	<b>Meat &amp; Grain</b> Spaghetti w/Meatballs  Whole Grain Chicken Nuggets  Buffalo Chicken Wrap <b>LUCKY TRAY DAY!</b>	<b>Meat &amp; Grain</b> Chicken Patty Sandwich  Nachos  Chicken Caesar Salad	<b>Meat &amp; Grain</b> Chicken & Waffles  Cheeseburger  Chef Salad w/ Roll	<b>Meat &amp; Grain</b> Cheese or Hawaiian Pizza  Bean & Cheese Burrito  Yogurt String Cheese & Crackers
<u>Vegetable / Fruit / Milk</u> Potato Wedges Applesauce 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Cauliflower Apple 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Glazed Carrots Banana 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Oranges 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Broccoli Pears 1% or Fat Free Milk
28	29	30	31	
<b>Meat &amp; Grain</b> Cheese Enchiladas  Hot Dog  Yogurt, String Cheese, Crackers	<b>Meat &amp; Grain</b> Cheese or Pepperoni Pizza  Chicken Patty Sandwich  Sun Butter and Jelly Sandwich	<b>Meat &amp; Grain</b> Mac & Cheese w/Fish Sticks  Meatball Sub  Buffalo Chicken Salad	<b>Meat &amp; Grain</b> Breakfast for Lunch  Whole Grain Corn Dog  Buffalo Chicken Salad w/ Rol <b>LUCKY TRAY DAY!</b>	
<u>Vegetable / Fruit / Milk</u> Refried Beans Peaches 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Green Beans Apple 1% or Fat Free Milk	<u>Vegetable / Fruit / Milk</u> Carrots Banana 1% or Fatt Free Milk	<u>Vegetable / Fruit / Milk</u> Corn Applesauce 1% or Fat Free Milk	
<b>LUCKY TRAY DAY!</b> Once a week 2 lucky students from each lunch period will have a lucky stamp or sticker on their lunch tray entitling them to choose a prize from our student prize basket!			We use only Whole Grain Rich Rolls, Wraps and Breads  	
WELCOME	BACK	PEC	Nutritional info available at food service office.  Menu subject to change without notice.	One Of The 3 Components Selected, <b>MUST Be Fruit or Vegetable</b>

“In Accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 495-3272 (voice) or (202) 720-5964. USDA is an equal opportunity provider and employer”.